JAMES ASH

SPEAKER | MARINE CORPS COMBAT VETERAN | FIRST RESPONDER

Resilience when the outcome isn’t yours to control.

When the job, a diagnosis, or the past changes everything, how do you keep moving without pretending you’re fine?

James Ash speaks about facing hardship honestly, asking for help, and choosing the next meaningful step. Drawing on military and first-responder service, childhood adversity, and life with multiple myeloma, he brings a direct, personal perspective to resilience, faith, and purpose.

SPEAKING TOPICS

What We Carry Home

For first responders, corrections professionals, military members, veterans, and their leaders.

The weight of service does not always stay at work. James draws on personal experience to open honest conversations about burnout, moral injury, identity, and the difficulty of admitting when you need support.

- Recognize when “pushing through” is no longer enough.
- Challenge the belief that asking for help means weakness.
- Consider how colleagues and leaders can make honest conversations easier.

Strength Under Control

For churches, men’s ministries, conferences, and retreats.

What does it mean to hold your ground without becoming harsh? James explores biblical strength through faith, suffering, humility, and love—connecting personal testimony with the everyday responsibilities of home, work, and community.

- Distinguish strength under control from passivity or aggression.
- Make room for honest struggle within a life of faith.
- Identify a practical next step toward living with conviction and love.

When the Future Isn’t Guaranteed

For cancer communities, patient and caregiver gatherings, and fundraising events.

Living with an incurable cancer changes the questions you ask. James shares an honest account of uncertainty, gratitude, and finding purpose without waiting for life to become easy.

- Make room for difficult emotions without letting them define every day.
- Notice what still matters when circumstances change.
- Choose a meaningful next step without certainty about the outcome.

ABOUT JAMES

James Ash is a Marine Corps combat veteran and former K9 handler who served in Iraq as a convoy security commander. A former professional firefighter, he is an active police officer and SWAT operator living with multiple myeloma. He hosts Unbroken From the Ashes, sharing conversations and reflections on adversity, faith, and resilience.

Christian testimony and biblical teaching are central to “Strength Under Control.” Faith content for other presentations is discussed during the inquiry process.

BRING JAMES TO YOUR EVENT

Share your audience, event goals, location, and proposed date.
Message, format, availability, and fees are discussed personally. Inquiries do not reserve a date.

Speaking inquiries: UnbrokenPodcast@PM.me